

ASHLAND CITY SCHOOLS – MIDDLE SCHOOL LUNCH MENU 2017/2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
--------	---------	-----------	----------	--------

Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals

WG Bosco Sticks Side of Marinara Sauce Steamed Broccoli Fruit of the Day	Cheeseburger Vegetarian Beans Creamy Coleslaw Fruit of the Day	Chicken Bowl (popcorn chicken, mashed potatoes, corn, cheese, gravy) WG Dinner Roll Fruit of the Day	Three Cheese Calzone Tossed Salad Fresh Veggies/Ranch Fruit of the Day	<u>Brunch For Lunch</u> WG Pancakes Sausage Baked Sweet Potato Tots 100% Fruit Juice
--	--	--	--	--

Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals

Oven Baked WG Chicken Nuggets Oven Fries Fruit of the Day	Chicken Patty Sandwich Steamed Sweet Carrots Fruit of the Day	Pizza Day (Variety of Assorted Pizza) Tossed Salad Fresh Veggies/Ranch Fruit of the Day	Mini WG Corn Dogs Vegetarian Beans Nacho Cheese Doritos Fruit of the Day	Meatloaf and Cheese Sandwich Steamed Green Beans Fruit of the Day Fudge Cream Cookie
--	--	--	--	--

Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals

<u>Brunch For Lunch</u> WG French Toast Sticks Potato Wedges Sausage 100% Fruit Juice	Hot Turkey & Cheese Sandwich Sweet Potato Fries Fruit of the Day	WG Bosco Sticks Side of Marinara Sauce Steamed Broccoli with Cheese Sauce Fruit of the Day	BBQ Shredded Pork Sandwich Steamed Green Beans Baked Onion Rings Fruit of the Day	Foot Long Hot Dog Vegetarian Beans Fruit of the Day Chocolate Chip Cookie
---	---	--	---	---

Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals

Pepperoni & Cheese Calzone Side of Marinara Steamed Broccoli with Cheese Sauce Fruit of the Day	Chicken Bowl (Popcorn Chicken, mashed potatoes, corn, cheese, gravy) WG Dinner Roll Fruit of the Day	Cheeseburger Vegetarian Beans Creamy Coleslaw Fruit of the Day	Cheesy French Bread Pizza Tossed Salad Fresh Veggies/Ranch Fruit of the Day	Baked WG Chicken Nuggets Steamed Sweet Carrots Fruit of the Day Fudge Cream Cookie
---	--	--	---	--

Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals

Mini WG Corn Dogs Oven Fries Fruit of the Day	Meatloaf and Cheese Sandwich Steamed Green Beans Fruit of the Day	Taco Day (2 Beef Tacos with all the toppings) Refried Beans Fruit of the Day	<u>Brunch For Lunch</u> Egg and Cheese Sandwich Sweet Potato Fries Sausage 100% Fruit Juice	Chicken Patty Sandwich Steamed Broccoli with Cheese Sauce Fruit of the Day
--	--	--	---	---

Student Breakfast: \$1.25
Reduced Breakfast: \$.30
Student Lunch: \$3.00
Reduced Lunch: \$.40
Adult Lunch: \$3.25
Extra Milk: \$.50

Breakfast Menu:

Monday: Egg n Cheese on WG English Muffin
Tuesday: Mini Chocolate Chip French Toast
Wednesday: Egg and Bacon Breakfast Pizza
Thursday: WG Pop Tarts
Friday: WG Pancake Wrap on a Stick

****Additional breakfast choices available daily****

- Parents are encouraged to prepay for student's school meals using My Payments Plus available on the school's website (www.ashlandcityschools.org), by check or cash.
- Free and Reduced-price applications are available at the school office or online at www.ashlandcityschools.org.
- A choice of low fat white and flavored milk is included with each school meal.
- Menu is subject to change without notice.
- Days with a "gray" colored date, will be cook's choice.

What's for lunch today?
Follow the color coded calendar to our 5 week cycle menu

USDA is an equal opportunity provider and employer.

