## ASHLAND CITY SCHOOLS-MIDDLE SCHOOL LUNCH MENU 2017/2018

**MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals **Brunch For Lunch** WG Bosco Sticks Cheeseburger Chicken Bowl **Three Cheese Calzone** Side of Marinara Sauce Vegetarian Beans (popcorn chicken, Tossed Salad WG Pancakes Creamy Coleslaw mashed potatoes, corn, Fresh Veggies/Ranch Sausage Steamed Broccoli Fruit of the Day Fruit of the Day cheese, gravy) Fruit of the Day **Baked Sweet Potato Tots** 100% Fruit Juice WG Dinner Roll Fruit of the Day Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals Oven Baked WG **Chicken Patty** Pizza Dav Mini WG Corn Dogs Meatloaf and Cheese Sandwich **Chicken Nuggets** (Variety of Assorted Pizza) Vegetarian Beans Sandwich Oven Fries Tossed Salad Steamed Green Beans Steamed Sweet Carrots Nacho Cheese Doritos Fruit of the Day Fruit of the Day Fresh Veggies/Ranch Fruit of the Day Fruit of the Day Fruit of the Day Fudge Cream Cookie Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals **BBO Shredded Pork Brunch For Lunch Hot Turkey & Cheese** WG Bosco Sticks Foot Long Hot Dog Side of Marinara Sauce WG French Toast Sandwich Sandwich Vegetarian Beans **Sticks** Sweet Potato Fries Steamed Broccoli with Steamed Green Beans Fruit of the Day Potato Wedges Fruit of the Day Cheese Sauce Baked Onion Rings Chocolate Chip Cookie Sausage Fruit of the Day Fruit of the Day 100% Fruit Juice Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals Pepperoni & Cheese **Chicken Bowl** Cheeseburger **Cheesy French Bread Baked WG Chicken** Calzone (Popcorn Chicken, Vegetarian Beans Pizza Nuggets Side of Marinara mashed potatoes, corn, Creamy Coleslaw Tossed Salad Steamed Sweet Carrots Steamed Broccoli with Fresh Veggies/Ranch cheese, gravy) Fruit of the Day Fruit of the Day Cheese Sauce WG Dinner Roll Fruit of the Day Fudge Cream Cookie Fruit of the Day Fruit of the Day Alternative Entrée Options Available Every Day: WG Pizza Choices, Chef Salads, Sandwich Wrap Meals Mini WG Corn Dogs Meatloaf and Cheese Taco Day **Brunch For Lunch Chicken Patty** Sandwich (2 Beef Tacos with all Egg and Cheese Sandwich Oven Fries Sandwich Steamed Green Beans the toppings) Fruit of the Day Steamed Broccoli with Fruit of the Day Refried Beans Sweet Potato Fries Cheese Sauce Fruit of the Day Sausage Fruit of the Day 100% Fruit Juice

Student Breakfast: \$1.25 Reduced Breakfast: \$.30 Student Lunch: \$3.00 Reduced Lunch: \$.40 Adult Lunch: \$3.25 Extra Milk: \$.50

## **Breakfast Menu:**

Monday: Egg n Cheese on WG English Muffin Tuesday: Mini Chocolate Chip French Toast Wednesday: Egg and Bacon Breakfast Pizza Thursday: WG Pop Tarts

\*\*Additional breakfast choices available daily\*\*

Friday: WG Pancake Wrap on a Stick

- Parents are encouraged to prepay for student's school meals using My Payments Plus available on the school's website (www.ashlandcityschools.org), by check or cash.
- Free and Reduced-price applications are available at the school office or online at www.ashlandcityschools.org.
- A choice of low fat white and flavored milk is included with each school meal.
- Menu is subject to change without notice.
- Days with a "gray" colored date, will be cook's choice.

What's for lunch today?
Follow the color coded calendar to our
5 week cycle menu

This institution is an equal opportunity provider

AUGUST 2017	SEPTEMBER 2017	OCTOBER 2017	NOVEMBER 2017	DECEMBER 2017	JANUARY 2018	FEBRUARY 2018	MARCH 2018	APRIL 2018	MAY/JUNE 2018
M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F
1 2 3 4	1	2 3 4 5 6	1 2 3	1	1 2 3 4 5	1 2	1 2	2 3 4 5 6	1 2 3 4
7 8 9 10 11	4 5 6 7 8	9 10 11 12 13	6 7 8 9 10	4 5 6 7 8	8 9 10 11 12	5 6 7 8 9	5 6 7 8 9	9 10 11 12 13	7 8 9 10 11
14 15 16 17 18	11 12 13 14 15	16 17 18 19 20	13 14 15 16 17	11 12 13 14 15	15 16 17 18 19	12 13 14 15 16	12 13 14 15 16	16 17 18 19 20	14 15 16 17 18
21 22 23 24 25	18 19 20 21 22	23 24 25 26 27	20 21 22 23 24	18 19 20 21 22	22 23 24 25 26	19 20 21 22 23	19 20 21 22 23	23 24 25 26 27	21 22 23 24 25
28 29 30 31	25 26 27 28 29	30 31	27 28 29 30	25 26 27 28 29	29 30 31	26 27 28	26 27 28 29 30	30	28 29 30 31 1