

May 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 LIFT-3-4:30PM	2 LIFT-3-4:30PM	3	4 LIFT-3-4:30PM STUDY TABLE - 6-7PM THURSDAY MEETING 7-8:30PM	5 LIFT-3-4:30PM	6
7	8 LIFT-3-4:30PM	9 LIFT-3-4:30PM	10 LIFT-3-4:30PM	11 LIFT-3-4:30PM STUDY TABLE - 6-7PM THURSDAY MEETING 7-8:30PM	12 OCC TRACK MEET AT AU	13 PROM
14	15 LIFT-3-4:30PM	16 LIFT-3-4:30PM STUDY TABLE - 6-7PM THURSDAY MEETING 7-8:30PM	17	18 LIFT-3-4:30PM SCHOLAR RECOGNITION	19 LIFT-3-4:30PM ODU CAMP	20 MALONE CAMP
21 AU CAMP	22 LIFT-3-4:30PM	23 HELMETS SR-3PM JR-3:10PM SO-3:20PM FR-3:30PM	24 ALMOST ANYTHING GOES-3-5PM?	25 LIFT-3-4:30PM STUDY TABLE - 6-7PM THURSDAY MEETING 7-8:30PM	26 LIFT-3-4:30PM AU CAMP	27 GRADUATION
28	29 NO SCHOOL	30 FINALS	31 FINALS	FINALS LAST DAY OF SCHOOL		

June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 FINALS LAST DAY OF SCHOOL	2 TEACHER WORK DAY	3
4	5 LIFT - 9AM CAMP DAY 1PM - 4PM	6 LIFT - 9AM-10:30 CAMP DAY 1PM - 4PM	7	8 LIFT - 9AM - 10:30 CAMP DAY 1PM - 4PM	9 MENTOR 7ON7 BUS LEAVES 6:30AM STARTS - 9AM	10
11	12 RUN/LIFT 6AM-8AM 9AM-11AM	13 RUN/LIFT 6AM-8AM 9AM-11AM	14	15 RUN/LIFT 6AM-8AM 9AM-11AM	16	17
18	19 RUN/LIFT 6AM-8AM 9AM-11AM	20 RUN/LIFT 6AM-8AM 9AM-11AM	21	22 RUN/LIFT 6AM-8AM 9AM-11AM	23	24
25	26 RUN/LIFT 6AM-8AM 9AM-11AM	27 RUN/LIFT 6AM-8AM 9AM-11AM	28	29 RUN/LIFT 6AM-8AM 9AM-11AM	30	

July 2017

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
							1
2	3 NO LIFTING	4 NO LIFTING	5	6 RUN/LIFT 6AM-8AM 9AM-11AM	7	8	
9	10 RUN/LIFT 6AM-8AM 9AM-11AM	11 RUN/LIFT 6AM-8AM 9AM-11AM	12	13 RUN/LIFT 6AM-8AM 9AM-11AM	14	15	
16	17 RUN/LIFT 6AM-8AM 9AM-11AM	18 RUN/LIFT 6AM-8AM 9AM-11AM SENIOR TRIP - 1PM	19 SENIOR TRIP BACK BY NOON	20 RUN/LIFT 6AM-8AM 9AM-11AM	21	22	
23	24 LIFT - 9-10:30 AM CAMP - 6-PM - 9 PM YOUTH CAMP - 3-5PM	25 NEW PHILLY 7ON7 BUS LEAVES 7AM CAMP 6PM-7:30PM YOUTH CAMP 7:30- 9:30	26 CAMP 6PM-9PM	27 OUR 7ON7 - 10AM LIFT 9-10:30AM TEAM MEETING/ EQUIPMENT - 4PM	28	29	
30	31 FIRST PRACTICE 2PM - 8PM HELMETS						

August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 PRACTICE 2PM - 8PM HELMETS	2 PRACTICE 2PM - 8PM HELMETS/SHOULDER PADS	3 PRACTICE 2PM - 8PM HELMETS/SHOULDER PADS	4 FAMILY PICNIC 6-7:30 (HS CAFÉ) MIDNIGHT MADNESS 8-1:30	5 LIFTING / VIDEO 9AM CAR WASH 11-2 PRACTICE 4-8
6	7 PICTURE DAY - TBA FRESH - 10 / VARSITY 10:45 PRACTICE 2-8PM	8 PRACTICE 2PM-5:30PM BLITZ NIGHT 6-8PM	9 NORTH CANTON SCRIMMAGE BUSES LEAVE - 7 AM FRESHMAN - 9AM VARSITY - 10AM	10 PRACTICE - TBA COACHES SCOUTING	11 PRACTICE -TBA COACHES SCOUTING	12 WAPAK PRACTICE LEAVE 6:30AM START 10AM
13	14 PRACTICE 2PM - 8PM	15 PRACTICE 2PM - 8PM	16 PRACTICE 2PM - 8PM	17 DOVER SCRIMMAGE HOME FRESHMAN - 5 VARSITY - 6	18 RUN/LIFT/VIDEO 9AM	19 PRACTICE-9AM
20 SPONSOR DINNER SR-SO - REQUIRED 5:30PM	21 GAME WEEK PRACTICE 3PM - 7PM FRESHMAN - FINISHH 5:30	22 PRACTICE 3PM - 7PM	23 PRACTICE 2PM - 6PM MEET THE TEAM	24 PRACTICE 3PM - 5PM FRESHMAN BEAT	25 BEAT GREEN HOME	26 VIDEO/RUN/LIFT 9AM-NOON JV AT GREEN BUS LEAVES 7AM
27	28 PRACTICE 3PM - 7PM	29 PRACTICE 3PM - 7PM	30 PRACTICE 3PM - 7PM	31 PRACTICE 3PM - 5PM	1 BEAT CLYDE LEAVE - 4PM	