

ASHLAND CITY SCHOOLS – HIGH SCHOOL LUNCH MENU 2020 – 2021

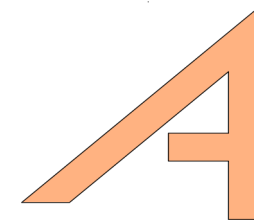
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Breaded Chicken Patty Sweet Potato Fries Fruit of the Day	WG French Bread Cheese Pizza Fresh Carrots w/Ranch Green Beans Baked Cookie Fruit of the Day	Footlong Hot Dog Vegetarian Baked Beans Fruit of the Day	WG Chicken Tenders BBQ Dipping Sauce Oven Fries Fruit of the Day	General Tso's Chicken over Rice Steamed Broccoli w/Cheese Fruit of the Day
--	---	---	--	---

Breakfast Wraps (fluffy scrambled eggs, sausage, potatoes, & cheese in a soft tortilla) Fruit of the Day	Popcorn Chicken Bowl (popcorn chicken, mashed potatoes, corn, cheese & gravy) WG Dinner roll Fruit of the Day	WG Cheese Quesadilla Tossed Salad w/Garbanzo Beans Fresh Veggies w/Dip Fruit of the Day	Pepperoni or Cheese Pizza Steamed Broccoli w/Cheese Fruit of the Day	WG Chicken Tenders BBQ Dipping Sauce Tator Tots Fruit of the Day
---	---	---	---	--

Cheeseburgers Vegetarian Baked Beans Nacho Cheese Doritos Fruit of the Day	WG Bosco Pepperoni Cheese Sticks Steamed Broccoli w/Cheese Fruit of the Day	Turkey Bowl (mashed potatoes, corn, cheese & gravy) WG Dinner Roll Fruit of the Day	Toasted Cheese Sandwich Tomato Soup Fresh Carrots Gold Fish Cracker Fruit of the Day	WG French Toast Sticks w/ Syrup Sausage Hash Browns Fruit of the Day
--	--	---	---	--

Salisbury Steak Bowl (mashed potatoes, corn, cheese & gravy) WG Dinner Roll Fruit of the Day	Meatball Sub Topped with Shredded Mozzarella Cheese Cucumbers w/Ranch Broccoli w/Cheese Sauce Fruit of the Day	WG Mini Corn Dogs Vegetarian Baked Beans Carrot PKG Fruit of the Day	WG Chicken Nuggets Macaroni & Cheese Green Beans Fruit of the Day	Pizza Day Choices include: Pepperoni/Cheese/Special Tossed Salad Fresh Veggies w/Dip Fruit of the Day
--	---	--	---	---

- Menu is subject to change without notice due to vendor availability and school closings.
- Days colored with a gray block will be cook's choice.
- Alternative Entrée Choice's consist of Sandwich Wraps and Fresh Chef Salads when available.
- Alternative breakfast choice Cereal, Toast & Pop Tarts when available.
- A choice of low fat white and flavored milk is offered with each school meal.
- No charging on any A La Carte items. Any meal charges must be paid off before allowing to purchase A La Carte items.

Offer vs Serve

Breakfast - Students may decline 1 of the 4 items offered.
Lunch - Students may decline 2 of the 5 items offered.

USDA is an equal opportunity provider and employee .

BREAKFAST MENU

MONDAY Pillsbury Mini Cinnamon Roll	TUESDAY WG Super Donut	WEDNESDAY Chocolate Chip French Toast	THURSDAY WG Pop Tart	FRIDAY Egg & Cheese Bunwich
---	----------------------------------	---	--------------------------------	---------------------------------------

What's for lunch today?
Follow the color coded calendar to our 4 week cycle menu

SEPT 2020

M	T	W	T	F
1	2	3	4	
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

OCT 2020

M	T	W	T	F
	1	2		
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

NOV. 2020

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

DEC. 2020

M	T	W	T	F
1	2	3	4	
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

JANUARY 2020

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

FEBRUARY 2020

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26

MARCH 2020

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

APRIL 2020

M	T	W	T	F
				1
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

MAY 2020

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	20
24	25	26	27	28
31				

JUNE 2020

M	T	W	T	F
1	2	3	4	
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		